PENTATHLON PROGRAM Maroochy Little Athletics - Sunday 17th January 2021										
	Tiny Tots	**U6**	**U7**	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14 - 17**
		Shot Put - Jnr	Long Jump -Jnr	60m Hurdles-*45*	60m Hurdles-*45*	60m Hurdles-*60*	Discus	Javelin	Long Jump-Pit 1	Shot Put
	Program of	70m	70m	Discus	Long Jump -Jnr	Shot Put	80m Hurdles-*60*	80m Hurdles-*68*	100m	Long Jump - Pit 1
	3 skills activities	Long Jump -Jnr	Discus	Long Jump -Jnr	Shot Put	100m	Long Jump-Pit 1	100m	Javelin	100m
	plus 60m track	100m	100m	100m	100m	Long Jump -Jnr	100m	Long Jump-Pit 1	200m Hurdles	200m Hurdles
	Participation only			200m	400m	400m	800m	800m	800m	800m