

DRAFT PROGRAM- Revised December 2021 -**SATURDAY****8:00am**

Boys U11 1500m
Girls U11 1500m
Boys U12 1500m
Girls U12 1500m
Boys U7 Long Jump
Girls U7 Long Jump
Boys U13 Shot Put
Girls U13 Shot Put
Boys U10 Discus
Girls U10 Discus
Boys U14 High Jump
Girls U14 High Jump

Finals
Finals
Finals
Finals

8:15am

Boys U15 1500m
Girls U15 1500m
Boys U16 1500m
Girls U16 1500m
Boys U17 1500m
Girls U17 1500m

Finals
Finals
Finals
Finals
Finals
Finals

8:30am

Boys U13 1500m
Girls U13 1500m
Boys U14 1500m
Girls U14 1500m

Finals
Finals
Finals
Finals

8:45am

Boys U12 Long Jump
Girls U12 Long Jump

9:00am

Boys U9 400m
Girls U9 400m
Boys U10 400m
Girls U10 400m

Finals
Finals
Finals
Finals

9:15am

Boys U9-U10 Multi-Class 400m
Girls U9-U10 Multi-Class 400m
Boys U11-U12 Multi-Class 400m
Girls U11-U12 Multi-Class 400m
Boys U13-U14 Multi-Class 400m
Girls U13-U14 Multi-Class 400m
Boys U15-U17 Multi-Class 400m
Girls U15-U17 Multi-Class 400m
Boys U12 400m
Girls U12 400m
Boys U11 400m
Girls U11 400m

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

9:30am

Boys U17 400m
Girls U17 400m
Boys U16 400m
Girls U16 400m
Boys U15 400m
Girls U15 400m
Boys U8 Shot Put
Girls U8 Shot Put

Finals
Finals
Finals
Finals
Finals
Finals

9:45am

Boys U12 Discus
Girls U12 Discus

10:00am

Boys U14 400m
Girls U14 400m
Boys U13 400m
Girls U13 400m
Boys U17 High Jump
Girls U17 High Jump
Boys U16 High Jump
Girls U16 High Jump

Finals
Finals
Finals
Finals

10:15am

Boys U14 Triple Jump
Girls U14 Triple Jump

10:40am

Boys U9 60m Hurdles
Girls U9 60m Hurdles
Boys U10 60m Hurdles
Girls U10 60m Hurdles

Heats
Heats
Heats
Heats

10:50am

Boys U11 80m Hurdles
Girls U11 80m Hurdles
Boys U12 80m Hurdles
Girls U12 80m Hurdles
Boys U7 Discus
Girls U7 Discus

Heats
Heats
Heats
Heats

11:00am

Boys U15 High Jump
Girls U15 High Jump

11:30am

Boys U10 Long Jump
Girls U10 Long Jump
Boys U11 Discus
Girls U11 Discus

11:40am

Boys U12 80m Hurdles
Girls U12 80m Hurdles
Boys U11 80m Hurdles
Girls U11 80m Hurdles

Finals
Finals
Finals
Finals

11:50am

Boys U9 60m Hurdles
Girls U9 60m Hurdles
Boys U10 60m Hurdles
Girls U10 60m Hurdles

Finals
Finals
Finals
Finals

12:00pm

Boys U13 100m
Girls U13 100m
Boys U14 100m
Girls U14 100m
Boys U9 Shot Put
Girls U9 Shot Put

Heats
Heats
Heats
Heats

DRAFT PROGRAM- Revised December 2021 -

12:10pm	Boys U9-U10 Multi-Class 100m	Finals	1:20pm	Boys U13 Long Jump	
	Girls U9-U10 Multi-Class 100m	Finals		Girls U13 Long Jump	
	Boys U11-U12 Multi-Class 100m	Finals	1:40pm	Boys U15 Shot Put	
	Girls U11-U12 Multi-Class 100m	Finals		Girls U15 Shot Put	
	Boys U13-U14 Multi-Class 100m	Finals	1:50pm	Boys U12 Javelin	
	Girls U13-U14 Multi-Class 100m	Finals		Girls U12 Javelin	
	Boys U15-U17 Multi-Class 100m	Finals	2:00pm	Boys U9 100m	Finals
	Girls U15-U17 Multi-Class 100m	Finals		Girls U9 100m	Finals
	Boys U7 100m	Finals		Boys U10 100m	Finals
	Girls U7 100m	Finals		Girls U10 100m	Finals
	Boys U8 100m	Finals	2:10pm	Boys U11 100m	Finals
	Girls U8 100m	Finals		Girls U11 100m	Finals
	Boys U13 High Jump	Finals		Boys U12 100m	Finals
	Girls U13 High Jump	Finals		Girls U12 100m	Finals
12:20pm	Boys U15 100m	Heats	2:40pm	Boys U10 High Jump	
	Girls U15 100m	Heats		Girls U10 High Jump	
	Boys U16 100m	Heats		Boys U12 Triple Jump	
	Girls U16 100m	Heats		Girls U12 Triple Jump	
	Boys U17 100m	Heats		Boys U16 Shot Put	
	Girls U17 100m	Heats		Girls U16 Shot Put	
12:30pm				Boys U17 Shot Put	
Lunch				Girls U17 Shot Put	
Official Opening			2:50pm	Boys U15 Javelin	
				Girls U15 Javelin	
12:50pm	Boys U9-U10 Multi-Class (A) Discus		3:00pm	Boys U9 700m Race Walk	Finals
	Girls U9-U10 Multi-Class (A) Discus			Girls U9 700m Race Walk	Finals
	Boys U11-U12 Multi-Class (A) Discus		3:10pm	Boys U10 1100m Race Walk	Finals
	Girls U11-U12 Multi-Class (A) Discus			Girls U10 1100m Race Walk	Finals
	Boys U13-U14 Multi-Class (A) Discus			Boys U11 1100m Race Walk	Finals
	Girls U13-U14 Multi-Class (A) Discus			Girls U11 1100m Race Walk	Finals
	Boys U15-U17 Multi-Class (A) Discus		3:20pm	Boys U9-U10 Multi-Class Shot Put	
	Girls U15-U17 Multi-Class (A) Discus			Girls U9-U10 Multi-Class Shot Put	
	Boys U9 100m	Heats		Boys U11-U12 Multi-Class Shot Put	
	Girls U9 100m	Heats		Girls U11-U12 Multi-Class Shot Put	
	Boys U10 100m	Heats		Boys U13-U14 Multi-Class Shot Put	
	Girls U10 100m	Heats		Girls U13-U14 Multi-Class Shot Put	
1:00pm	Boys U11 100m	Heats		Boys U15-U17 Multi-Class Shot Put	
	Girls U11 100m	Heats		Girls U15-U17 Multi-Class Shot Put	
	Boys U12 100m	Heats		Boys U12 1500m Race Walk	Finals
	Girls U12 100m	Heats		Girls U12 1500m Race Walk	Finals
	Boys U14 Discus			Boys U13 1500m Race Walk	Finals
	Girls U14 Discus			Girls U13 1500m Race Walk	Finals
1:10pm	Boys U13 100m	Finals	3:30pm	Boys U11 Triple Jump	
	Girls U13 100m	Finals		Girls U11 Triple Jump	
	Boys U14 100m	Finals		Boys U16 Javelin	
	Girls U14 100m	Finals		Girls U16 Javelin	
1:20pm	Boys U15 100m	Finals		Boys U17 Javelin	
	Girls U15 100m	Finals		Girls U17 Javelin	
	Boys U16 100m	Finals			
	Girls U16 100m	Finals			
	Boys U17 100m	Finals			
	Girls U17 100m	Finals			
	Boys U9 High Jump				
	Girls U9 High Jump				

*Event times may be brought forward up to 30 minutes
Times and conduct of the heats & finals will be adjusted per nominations received
Where heats are not necessary finals will be conducted at heat time*

DRAFT PROGRAM- Revised December 2021 -

3:40pm			
Boys U14 1500m Race Walk	Finals	Girls U16 1500m Race Walk	Finals
Girls U14 1500m Race Walk	Finals	Boys U17 1500m Race Walk	Finals
Boys U15 1500m Race Walk	Finals	Girls U17 1500m Race Walk	Finals
Girls U15 1500m Race Walk	Finals		
Boys U16 1500m Race Walk	Finals		

SUNDAY

8:00am		9:20am	
Boys U13 200m Hurdles	Heats/Finals	Boys U13 800m	Finals
Girls U13 200m Hurdles	Heats/Finals	Girls U13 800m	Finals
Boys U14 200m Hurdles	Heats/Finals	Boys U14 800m	Finals
Girls U14 200m Hurdles	Heats/Finals	Girls U14 800m	Finals
Boys U7 Shot Put		Boys U9-U10 Multi-Class (A) Long Jump	
Girls U7 Shot Put		Girls U9-U10 Multi-Class (A) Long Jump	
Boys U8 Long Jump		Boys U11-U12 Multi-Class (A) Long Jump	
Girls U8 Long Jump		Girls U11-U12 Multi-Class (A) Long Jump	
Boys U9 Discus		Boys U13-U14 Multi-Class (A) Long Jump	
Girls U9 Discus		Girls U13-U14 Multi-Class (A) Long Jump	
Boys U12 High Jump		Boys U15-U17 Multi-Class (A) Long Jump	
Girls U12 High Jump		Girls U15-U17 Multi-Class (A) Long Jump	
8:10am		9:30am	
Boys U15 300m Hurdles	Heats/Finals	Boys U7 70m	Finals
Girls U15 300m Hurdles	Heats/Finals	Girls U7 70m	Finals
Boys U16 300m Hurdles	Heats/Finals	Boys U8 70m	Finals
Girls U16 300m Hurdles	Heats/Finals	Girls U8 70m	Finals
Boys U17 300m Hurdles	Heats/Finals	Boys U12 Shot Put	
Girls U17 300m Hurdles	Heats/Finals	Girls U12 Shot Put	
8:30am		9:40am	
Boys U9 800m	Finals	Boys U9 70m	Heats
Girls U9 800m	Finals	Girls U9 70m	Heats
Boys U10 800m	Finals	Boys U10 70m	Heats
Girls U10 800m	Finals	Girls U10 70m	Heats
8:40am		Boys U11 High Jump	
Boys U11 800m	Finals	Girls U11 High Jump	
Girls U11 800m	Finals	Boys U16 Long Jump	
Boys U12 800m	Finals	Girls U16 Long Jump	
Girls U12 800m	Finals	Boys U17 Long Jump	
Boys U14 Shot Put		Girls U17 Long Jump	
Girls U14 Shot Put			
Boys U15 Long Jump			
Girls U15 Long Jump			
8:50am		10:00am	
Boys U13 Discus		Boys U13 80m Hurdles	Heats/Finals
Girls U13 Discus		Girls U13 80m Hurdles	Heats/Finals
Boys U9-U10 Multi-Class 800m	Finals	Girls U14 80m Hurdles	Heats/Finals
Girls U9-U10 Multi-Class 800m	Finals		
Boys U11-U12 Multi-Class 800m	Finals	10:10am	
Girls U11-U12 Multi-Class 800m	Finals	Boys U14 90m Hurdles	Heats/Finals
Boys U13-U14 Multi-Class 800m	Finals	Girls U15 90m Hurdles	Heats/Finals
Girls U13-U14 Multi-Class 800m	Finals	Girls U16 90m Hurdles	Heats/Finals
Boys U15-U17 Multi-Class 800m	Finals	Boys U15 100m Hurdles	Heats/Finals
Girls U15-U17 Multi-Class 800m	Finals	Boys U16 100m Hurdles	Heats/Finals
		Girls U17 100m Hurdles	Heats/Finals
		Boys U17 110m Hurdles	Heats/Finals
9:10am		10:20am	
Boys U15 800m	Finals	Boys U15 Discus	
Girls U15 800m	Finals	Girls U15 Discus	
Boys U16 800m	Finals		
Girls U16 800m	Finals	10:30am	
Boys U17 800m	Finals	Boys U10 Shot Put	
Girls U17 800m	Finals	Girls U10 Shot Put	

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Boys U14 Long Jump			
Girls U14 Long Jump			
10:45am			
200m / 300m Hurdles Finals if required			
11:00am			
Boys U16 Discus			
Girls U16 Discus			
Boys U17 Discus			
Girls U17 Discus			
Boys U8 200m	Finals		
Girls U8 200m	Finals		
Boys U7 200m	Finals		
Girls U7 200m	Finals		
11:10am			
Boys U9 200m	Heats		
Girls U9 200m	Heats		
Boys U10 200m	Heats		
Girls U10 200m	Heats		
Boys U9-U10 Multi-Class 200m	Finals		
Girls U9-U10 Multi-Class 200m	Finals		
Boys U11-U12 Multi-Class 200m	Finals		
Girls U11-U12 Multi-Class 200m	Finals		
Boys U13-U14 Multi-Class 200m	Finals		
Girls U13-U14 Multi-Class 200m	Finals		
Boys U15-U17 Multi-Class 200m	Finals		
Girls U15-U17 Multi-Class 200m	Finals		
11:20am			
Boys U11 200m	Heats		
Girls U11 200m	Heats		
Boys U12 200m	Heats		
Girls U12 200m	Heats		
11:30am			
Boys U13 200m	Heats		
Girls U13 200m	Heats		
Boys U14 200m	Heats		
Girls U14 200m	Heats		
11:40am			
Boys U15 200m	Heats		
Girls U15 200m	Heats		
Boys U16 200m	Heats		
Girls U16 200m	Heats		
Boys U17 200m	Heats		
Girls U17 200m	Heats		
Boys U9 Long Jump			
Girls U9 Long Jump			
Boys U8 Discus			
Girls U8 Discus			
12:00pm			
Boys U11 Shot Put			
Girls U11 Shot Put			
Boys U16 Triple Jump			
Girls U16 Triple Jump			
Boys U17 Triple Jump			
Girls U17 Triple Jump			
12:20pm			
Boys U11-U12 Multi-Class (A) Javelin	Finals		
Girls U11-U12 Multi-Class (A) Javelin	Finals		
Boys U13-U14 Multi-Class (A) Javelin	Finals		
Girls U13-U14 Multi-Class (A) Javelin	Finals		
Boys U15-U17 Multi-Class (A) Javelin	Finals		
Girls U15-U17 Multi-Class (A) Javelin	Finals		
12:30pm			
Lunch			
U17 Recognition		U7 & U8's Medal Distribution	
12:50pm			
Boys U15 Triple Jump			
Girls U15 Triple Jump			
Boys U13 Javelin			
Girls U13 Javelin			
1:00pm			
Boys U9 70m		Finals	
Girls U9 70m		Finals	
Boys U10 70m		Finals	
Girls U10 70m		Finals	
1:20pm			
Boys U17 110m Hurdles		Finals	
Girls U17 100m Hurdles		Finals	
Boys U16 100m Hurdles		Finals	
Boys U15 100m Hurdles		Finals	
Girls U16 90m Hurdles		Finals	
Girls U15 90m Hurdles		Finals	
Boys U14 90m Hurdles		Finals	
Girls U14 80m Hurdles		Finals	
Girls U13 80m Hurdles		Finals	
Boys U13 80m Hurdles		Finals	
1:40pm			
Boys U11 Javelin			
Girls U11 Javelin			
1:50pm			
Boys U9 200m		Finals	
Girls U9 200m		Finals	
Boys U10 200m		Finals	
Girls U10 200m		Finals	
Boys U13 Triple Jump			
Girls U13 Triple Jump			
2:00pm			
Boys U11 200m		Finals	
Girls U11 200m		Finals	
Boys U12 200m		Finals	
Girls U12 200m		Finals	
2:20pm			
Boys U14 200m		Finals	
Girls U14 200m		Finals	
Boys U13 200m		Finals	
Girls U13 200m		Finals	
2:30pm			
Boys U15 200m		Finals	
Girls U15 200m		Finals	
Boys U16 200m		Finals	
Girls U16 200m		Finals	
Boys U17 200m		Finals	
Girls U17 200m		Finals	
2:40pm			
Boys U11 Long Jump			
Girls U11 Long Jump			
Boys U14 Javelin			
Girls U14 Javelin			
Please Note:			
For Multi-Class Athlete Events;			
(A) Ambulatory Only		(W) Wheelchair Only	
7.4.4 Maximum number of athletes in a timed 800m race			
will be 2 athletes per lane (eg 16 athletes on 8 lane track) etc			

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